

The Susan Langmore Advanced FEES™ Course



Saturday, October 10th, 2015

Boston University Medical Center, Boston, MA
Center for Voice and Swallowing

This is a one-day course for clinicians who already perform the Fiberoptic Endoscopic Evaluation of Swallowing (FEES) procedure. It is meant to enhance the participants understanding of interpretation, scoring, current protocols, and the latest research in the field of dysphagia.

Registration: Please register online at <http://www.bmc.org/otolaryngology/continuing-medical-education-langmore-fees-courses.htm>

Cost: \$325 per person through August 31st, 2015. \$350 per person after August 31st, 2015.

Additional Information: Additional information is available on the registration page listed above. You may also contact the course coordinator, Peggy Belmonte, at (603) 702-1571 or peggybelmonte@comcast.net, or the BUMC Department of Otolaryngology at (617) 638-7933.

Overview: This program is geared toward clinicians who have been using FEES for at least one year, and who want more advanced training in scoring and interpreting FEES exams. The faculty will have videos to review, but participants are encouraged to bring their own videos that were challenging to interpret and/or proved challenging in recommending diet or rehabilitation options. Throughout the 8 hour workshop, participants will have an opportunity to sharpen their skills, share their experience and calibrate their scoring and interpretation skills against other participants and the faculty. This program is offered for 0.65 CEU's (Intermediate level; Professional area), and a certificate of completion is provided to participants who complete all parts of the 1-day course.

Learner Outcomes: On conclusion of the program, the participants will be able to:

1. Summarize the latest research using endoscopy
2. Identify normal versus abnormal swallowing
3. Assess FEES exams using standard scoring instruments.
4. Understand and interpret finding from FEES exams in different patient populations and in different clinical settings.
5. Explain how and when to use endoscopy as a biofeedback tool to manage patients with dysphagia.
6. Describe current requirements for training, billing and reimbursement for FEES.

Conference Faculty: The course is taught by Susan Langmore, PhD, CCC-SLP, BRS-S. She has used FEES with all types of adult patients and dysphagia etiologies, and has worked in ICU, inpatient, outpatient, and nursing home settings. Dr. Langmore carries an active clinical case load, teaches graduate and doctoral students, conducts extensive research, and lectures on dysphagia

nationally and internationally. She is the author of the textbook *Endoscopic Evaluation and Treatment of Swallowing Disorders*.



Susan Langmore, PhD

Professor, Otolaryngology
Boston University School of Medicine
Clinical Professor, Speech & Hearing Sciences
Boston University Sargent College
Director, Speech Language Pathology
Boston Medical Center

Dr. Langmore teaches this advanced course with two colleagues that specialize in the use of FEES with the inpatient population.

Rebecca Scheel, MS, CCC-SLP, BRS-S has 18 years of clinical experience as a SLP, has established two FEES programs, and specializes in dysphagia with all age groups. She works and uses FEES in the acute care setting, and is actively involved in NIH funded clinical research. Becky is employed by Boston Medical Center and receives a salary. She has no other relevant financial or non-financial relationships to disclose.

Edel McNally, MS, CCC-SLP, has 15 years of clinical experience in both rehabilitation and acute care settings. She is currently a senior SLP at BUMC, a guest lecturer at BU, and is involved in NIH funded clinical research at BMC. Edel McNally is employed by Boston Medical Center and receives a salary. She has no other financial or non-financial relationships to disclose.

Conference Schedule, Saturday October 10th, 2015

- 8:30 AM *Registration & Continental Breakfast (provided)*
- 9:00 AM **Introduction**
Share participants' experience in using FEES; professional issues; clinical issues; set priorities for the day's agenda
- 9:30 AM **Protocols and Scoring Systems**
Research updates regarding protocols and scoring, including sensory testing, use of lidocaine, and new protocols
- 10:30 AM *Break*
- 11:00 AM **Scoring FEES**
Review of anatomy. Scoring residue on FEES vs. MBS – an exercise for the participants. Development of the Boston Residue and Clearing Scale (BRACS)
- 12:30 PM *Lunch (provided)*
- 1:30 PM **Cases from the Audience**
View recorded FEES studies done by participants for critique, discussion, to answer questions, problem solve, etc.
- Note:** If possible, please bring one recorded FEES video and accompanying case information for a procedure that was difficult to perform or interpret. Cases will be collected and reviewed before the start of the course so they can be viewed anonymously if desired. While the faculty will have case studies, the learning experience is always more robust when clinicians contribute new, unique, and challenging cases.
- 2:00 PM **Scoring Practice**
Scoring entire FEES exams using the Boston Medical Center score sheet
- 3:30 PM *Break*
- 4:00 PM **Use of FEES Across Settings & Populations**
Case studies: discuss protocols, findings, interpretation, and management of patients in different settings (ICU/IP/OP), and with different dysphagia etiologies (head and neck cancer, stroke, Parkinson's/PSP, ALS, Dementia, Globus, etc.)
- 5:30 PM *Adjourn*



Boston University is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This program is offered for 0.65 CEU'S (Intermediate level; Professional area)

Surrounding Area: Boston University Medical Center (BUMC) is located on the edge of Boston's historic South End. The South End, listed in the National Register of Historic Places, is the country's largest neighborhood of Victorian brownstone row houses, and is dotted with parks, excellent local restaurants, and shops. A 20 minute walk from BUMC through the South End will take you to the heart of Boston, to the famed shopping of Newbury Street and the beautiful paths of the Charles River Reservation.



Course Location:

*Boston University School of Medicine
Room L-110
72 East Concord Street
Boston, MA 02118*

Medical Center Map: Course location circled below

