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## PURPOSE

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This program provides an opportunity to develop an understanding of the FEES procedure and to gain experience interpreting FEES for the evaluation and management of oropharyngeal dysphagia. It is primarily aimed at clinicians who evaluate and treat patients with dysphagia using fluoroscopy, but have limited or no experience with FEES. However, clinicians who are new to dysphagia and clinicians with a moderate degree of experience with FEES will also find the course useful.

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## COURSE OBJECTIVES

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The participant will attain a basic level of competence in performing the protocol, interpreting the results of FEES examinations and using endoscopy to guide therapy for patients with dysphagia. The course will enable the participant to be conceptually familiar with best practices regarding handling the endoscope, passing it into the hypopharynx, and manipulating the scope within and around the larynx to attain an optimal view. Those who are already performing FEES will advance their level of competence in scoring results and applying FEES to various patient populations.

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## LEARNER OUTCOMES

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On conclusion of the program, participants will be able to:

- ❖ Summarize what can be visualized and understood when using FEES.
- ❖ Identify normal and abnormal swallowing from endoscopic images.
- ❖ Describe clinical indications and risks for performing FEES.
- ❖ Follow a protocol for administering a FEES exam.
- ❖ Identify key structures, identify and interpret findings, and apply appropriate therapeutic interventions during the performance of a FEES examination.
- ❖ Integrate the FEES protocol into various clinical settings and with different patient populations.
- ❖ Describe how to use endoscopy to manage patients with dysphagia.
- ❖ Summarize how to implement FEES into their employment setting.

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## AGENDA

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### Friday October 13, 2023 (7:00pm – 9:40pm)

7:00-9:30 Introduction & anatomy and the normal swallow.

9:30-9:40 Q&A

### Saturday October 14, 2023 (Noon – 5:45pm)

12:00-1:00 Normal swallowing: Comparison of endoscopic and fluoroscopic visualization

1:00-1:05 Q&A

1:05-1:15 Break

1:15-2:15 Indications for FEES vs. Fluoro; Risks & Safety

2:15-2:20 Q&A

2:20-3:20 Break

3:20-4:20 FEES Protocols; Standard protocol, Ice Chip protocol, FEESST protocol.

4:20-4:25 Q&A

4:25-4:35 Break

4:35-5:35 Scoring Part 1: Identification of abnormal findings.

5:35-5:45 Final Q&A

### Sunday October 15, 2023 (Noon – 5:45pm)

12:00-1:00 Scoring Part 2: Scoring systems, sample reports, and practice scoring.

1:00-1:05 Q&A

1:05-1:15 Break

1:15-2:15 Scoring Part 2 continued; Practice Scoring

2:15-2:20 Q&A

2:20-3:20 Break

3:20-4:20 Using FEES to guide Treatment & Case Studies

4:20-4:25 Q&A

4:25-4:35 Break

4:35-5:35 How to set up a FEES program

5:35-5:45 Final Q&A; Adjourn

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#### COURSE INSTRUCTORS

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##### Susan Langmore PhD, CCC-SLP, BCS-S

*Bio:* Dr. Susan Langmore developed the FEES procedure in 1988. She is Professor Emeritus of Otolaryngology at Boston University Medical Center and a Clinical Professor of Speech and Hearing Sciences at Boston University Sargent College. She carried an active clinical caseload while conducting groundbreaking dysphagia research for nearly 40 years, mentored numerous doctoral students, served as the past president of the Dysphagia Research Society, is an ASHA Honors recipient, and currently conducts NIH funded clinical research and lectures on dysphagia internationally.

*Disclosure:* Dr. Langmore receives compensation from Langmore FEES, LLC for teaching this course. She has no other financial or non-financial relationships to disclose.

Langmore FEES, LLC



## Foundation (Intro) FEES Course

October 13-15, 2023



In order to perform the FEES procedure, proper training from experienced clinicians is needed. The *Langmore FEES Course* is an unparalleled introductory course taught by the creator of the FEES procedure and her team of expert clinicians. This course is aimed at clinicians who have little or no experience with FEES, and who want to incorporate this tool into their practice.

This course is a remote course that only includes live lecture. Participants are encouraged to have access to local endoscopy equipment and mentors to facilitate post-course hands-on training.

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#### COURSE INFORMATION

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##### Location:

This is a live online course that will be offered through Zoom. Links to the remote course and to the course content will be emailed to participants approximately 1 week prior to the course.

##### Time Zones:

All times listed in this brochure are in Eastern Time (ET).

To register, please go to:

[www.langmorefeesllc.com](http://www.langmorefeesllc.com)

For questions, please contact:

*Gintas Krisciunas*

[Gintas@LangmoreFEESllc.com](mailto:Gintas@LangmoreFEESllc.com)



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